

# THE FREE FOUNDATION

Dear Guest,

It is my pleasure to invite you to the landmark **Inaugural Scar Free Annual Lecture** on Tuesday 21 October. The lecture will be delivered by world-renowned psychiatrist and epidemiologist [Professor Sir Simon Wessely](#), known for his influential work in mental health.

Professor Wessely will be drawing on his extensive experience to discuss the visible and invisible cost of trauma: a subject at the heart of our mission, and a topic we know will resonate with most of our Scar Free community. Please find a 'save the date' with more information below.

Every year from now on, we will bring you a Scar Free Lecture delivered by remarkable people working in interesting spaces, whether that's at the forefront of science and medicine, or leading social change. We are honoured someone as distinguished as Professor Wessely is launching what is sure to be an annual event series full of thought-provoking discussion.

Great lectures do more than inform: they unite us, challenge our convictions, and leave us with fresh perspectives. We hope you'll join us – alongside Scar Free friends old and new – for what promises to be a memorable and meaningful evening.

With best wishes,



A handwritten signature in black ink that reads "Richard".

[Lieutenant General \(Retd\) Richard Nugee CB CVO CBE](#)

Chief Executive of The Scar Free Foundation

SAVE  
THE  
DATE

The Scar Free Foundation asks you to please save the date for  
**THE INAUGURAL SCAR FREE ANNUAL LECTURE**

**25**  
YEARS  
THE  
SCAR FREE  
FOUNDATION  
1999 - 2024

Delivered by world-renowned psychiatrist and epidemiologist  
**Professor Sir Simon Wessely GBE, FMedSci, FRS**

## **FACING FORWARD AND BACKWARD**

### **THE VISIBLE AND INVISIBLE COST OF TRAUMA**

Please join us for the inaugural Scar Free Annual Lecture delivered by **Professor Sir Simon Wessely**, whose extensive interdisciplinary research includes the ways in which individuals respond to adversity, military health, epidemiology, and unexplained illnesses.

- Tuesday 21 October 2025
- 6.30pm for a 7pm lecture start, lecture followed by a drinks reception
- Apothecaries' Hall, Blackfriars Lane, London, EC4V 6ER



[View save the date for mobile](#)

[RSVP via Eventbrite](#)



**25** YEARS  
**THE**  
**SCAR FREE**  
**FOUNDATION**

